

Chapter 10 - How to Kill the Mockingbird

The first few days and weeks of my awakening. I was all Love and Light, I never really found the time to argue and I would rather not reply if I had no Kind words to say. There were even times that if the same Karens will appear, I would delete my Facebook for weeks just to rest my Psyche. Being a full time truther is not for the weak-spirited. Going along with what society is offering is more comfortable but I didn't want comfort, I wanted the truth no matter how much it hurts. Hay Nako. Kaya nagkaroon ako ng time magchill na lang. Spend time with my kids. By mid April, I was already bringing my kids outside the house pero grabe ang protocol from the Missus. Wag lalayo sa harap lang kayo at maghugas and ligo after. I was bringing friends in at the back of the house, they were wearing masks on the way there, then we hangout. Hindi sila pwede sa loob ng bahay. Let me tell you this... The worst Karen that you can encounter is the one beside you in Bed! I was scorned for bringing friends. "May pandemic na nga nagdadala ka pa ng tropa!" "Mas inisip mo pa yan kesa sa anak mo!", " Halos, Araw araw na sila nandito!". Cha, kung nababasa mo to. Love you my Queen! Kwento ko lang baka may makarelate. Mwah mwah. Tsup tsup!

The thing was... these group of friends I was hanging out helped me in my awakening and my Spiritual Growth. We were four, sometimes five in the group. We were practicing meditation, talking about auras, talking about the Great Awakening. I knew deep inside these are the people I should be spending time with. I was red-pilled but my Wife has not taken it yet. It came to a point na yung arguments namin about friends staying/ hanging at the back of our house lead to my wife banning them. Something erupted in me, sabi ko "Ang dami ko na proof na sinabi sayo ah. Nasa TV na nga e na ang Coronavirus napapatay ng Sunlight, napapatay ng pagwash ng hands. " Sabi ng asawa ko, "Siguro nga di tayo parehas ng paniniwala ngayon." Sobrang nafrustrate ako! Kasi ang daming revelations sakin about what is happening and what will happen this 2020 and we all need to wake up. And sa akin lang scam lang tong virus and hindi

naman

talaga deadly pero bakit di makita ni Misis yun?

Umalis ako ng bahay. Nag-impake ako ng mga damit. Di ko alam san ako pupunta at hapon na nun at

pagabi, pero alam ko di ko na kayang matake ang ignorance sa bahay. Typical Gemini. Lol.

Those were the days na sobrang di ako makatulog. Late ako matutulog mga 3am pero gigising mga 7am.

Or 6am makatulog tapos 3 hours lang ulit. Kasi ang daming info na pumapasok ang sense of urgency na

this 2020 sobrang daming mangyayari and kailangan ng participation ko para makatulong sa madla.

Those who know, can't sleep.

Tinatanong ko sarili ko, "habang buhay ba akong may asawang tulog? Na puro rant na lang sa productive

kong ginagawang plans and conversations with my light circle?"

Naghanap ako ng tropang matutulugan at nag-hanap ng paraan para magkapera at buhayin sarili ko.

Dalawang solid na tropang Jet ang nakatulong saakin. Yung isa pumayag na mag overnight ako sakanila.

Yung isa naman kumita ako sa business ko, tinulungan ko siyang isetup yung sakanya. Nagkaroon ako ng

pera sa bulsa buhat buhat mga damit ko dumerecho ako sa bahay ng kaibigan pwedeng matulugan.

Pagpasok ko magmamano sana ako sa Nanay ni Jet kaso inatras nya kamay nya ng sobrang bilis! Fear. It

was surreal, yet not surprising. Inintindi ko na lang. Ang sarap naman ng niluto nila parang pyesta, kahit

isa lang bisita. Kahit takot ang Pinoy ang mabuting pakikitungo.

Derecho na lang ako sa kwarto nila. Di naman ako masyado nagkwento ng detalye maingat rin ako magkwento kung kani-kanino at kung sino lang interesado. Buti na lang man of a few words si Jet at

nagchill na lang kami sa mga recorded tracks nya at fave music nya. Jamming din at pinaglaruan namin

musical toys nya.

Habang down time, I was messaging and calling people I trust kung ano tingin nila sa pandemic. Some

calls lasts 30 minutes, others more than an hour. Sigurado naman naririnig ni Jet mga usapan namin wala

lang siya comment.

Hindi ako maka-getover sa dami ng evidences, connections at isinasabuhay ko na ang aking katotohanan,

wala pa din nakikinig kahit asawa at pamilya.

Date check: Oct. 14, 2020. Asawa ko at mother-in law nakita na ang mga ebidensya na scam lang to at

ineenjoy na namin mga buhay namin ng walang masks. Nagmamask lang pag kailangan. Pero my mom,

dad, and sibbs? Zzzz.

Kung harap harapan ka na niloloko ng media, DOH/ W.H.O., hahayaan mo na lang ba sila lokohin kababayan mo? Kapamilya mo?

I did my part. I got rid of my fear na mapagsabihan ng kung ano ano ng tao. If I have hard evidence may

it be a scientific study, a documentary with scientists na double-checked ang background, and also past

studies like Germ Theory and Terrain Model, who would win in a debate with me? None. All the doctors,

peeps na nakadebate ko, they quit, or just made laugh reacts, kept their quiet.

It has been months since I started my awakening campaign. May mga nagigising at nagPPM pero the

people closest to me, people that are calling themselves Christians? Kakaonti pa din nagigising.

Bakit ba sobrang hirap gisingin ng tao? Na ang tipong common sense ay di pala common? Bakit kapag

susubukan mo naman kausapin mga pamilya mo, parang iniwasan nila ang topic? Cognitive Dissonance.

Biglain mo na ang lasing, wag lang ang tulog o ang bagong gising.

Paano ba natin matatalo ang Operation Mockingbird?

1. Stop The Fluoride
2. Watch your food/water
3. Turn Off TV
4. Look inside

According to many esoteric schools, having a calcified pineal gland can result in:

- envy;
 - delusions;
 - pessimism;
 - confusion;
 - jealousy;
 - impaired perception of reality;
 - neurological disorders;
 - paranoia;
 - anxiety;
 - depression;
-
- a tendency to over-analyze.

Source: (Insight State, 2021)

Ang mga kemikal tulad ng Fluoride ay sumisira sa ating Truth Detector, ang pineal gland.

Stop The Fluoride

Noong bata ako. Kailangan pa talaga ako pilitan magsipilyo ng magulang ko. Kaya pala. Deep inside, I

knew that there is something wrong with commercial toothpaste. According to mainstream history, Fluoride gas was used by Hitler to kill the Jews during the holocaust.

Fluoride is in most toothpaste, in minute amounts, so that it doesn't kill you instantly but slowly.

Just like

cigarettes and alcohol. The cumulative effect of Fluoride is that it calcifies the Pineal Gland.

Our pineal gland is a pinecone shaped part of our brains. It is responsible for our sleep patterns. It is a

gland so it also releases hormones, for example Melatonin, it helps us get to sleep easily. If it is abused

and messed up by drastic changes in sleep patterns, Melatonin production also gets messed up.

We need

to take care of it to help us with our daily functions.

Also it is the only body part other than the Eye to have rods. So let's review. If both the Eyes and Pineal

Gland have rods. Could it have the same function as the eye and perceive wavelengths? Could our eyes

detect certain visible wavelengths and our pineal glands as well? Probably invisible wavelengths?

What is

the wavelength of Truth? What is the wavelength of lies?

I met my Spiritual mentors, sharing their experiences. Here's what they shared... When they watch TV or

listen to a person, their nose bridge flares up when someone lies. Their crown flares up if someone is

saying the Truth. They have cleaned up their natural Truth Detectors.

After hearing that I was more motivated to clean my Pineal Gland and my Physical body. Detecting lies

through body language, research etc., adds to your tools of Truthseeking, but mainly you need to have a

clean Pineal Gland.

We have major information centers in the body, not only the mind. Remember? The cabal made it a point

for us to ONLY TRUST OUR LOGIC. The challenge with that is we have left/right parts of the brain to process information. We also have major information centers in the heart, and stomach. There are a lot of

neurons in the heart, it acts as an electromagnet. There are a lot of neurons in the sympathetic nervous

system as well.

Again? What does it mean? The more neurons, the more ability for it process information. Gut feel was

not coined Gut Feel for nothing. Most successful people trust their Gut more than anything else.

That is

not something superstitious, it is actually based on sound science and observation.

Knowing this, di lang siguro utak ang kailangan natin alagaan di ba? And It is not only Fluoride that calcifies the pineal gland.

Here's a study that shows animals not taking fluoride for more than 4 hours have significantly higher

growth of Pineal Gland Cells:

<https://pubmed.ncbi.nlm.nih.gov/31713773/>

Watch your Food/ Water

And anything that enters your body (injected,etc). 'Naked' Calcium (calcium supplements) , Heavy metals

like mercury,Chromium, etc., they also calcify your pineal gland. They also harden the heart, intoxicate

the sympathetic nervous systems, so your information centers get stressed. And when your information

centers are stressed it cannot process information properly. Instead of your body in homeostasis (relaxed,

and prepared to defend), it is constantly addressing this stress. You are fighting your own body!

The most obvious way to get your normal body back is to detox. Have you tried any kind of fasting?

4

hour fast? 8 hour fast? 16 hour fast? It is one of most simple Spiritual practices, but profound results.

At the 20 hour mark, our body goes into autophagy. Our body, instead of taking energy and nutrients from

the food we eat, now has no other source but to look for other sources in your body. The first priority is

that they will source out are low-energy cells, intoxicated cells, cancer cells. They get recycled and and

used by your body for nutrients. A natural cancer cure if you may look at it, and more. With this type

ofdetox, you also get rid of all the heavy metals in your body.

Have you heard of ways to decalcify your pineal gland? Here are some I found: 1.

Mushrooms

Panaeolus cyanescens (magic mushrooms) ,Heridium erinaceus (Lion's Mane)

Psylocybin cubensis, and more. Masaya maghanap ng kabute. Kinakailangan lang marunong ka.

Essential oils

Pine, Parsley, Frankincense, Sandalwood, Lavender. Meron pa nga madaling makita sa Pilipinas tulad ng

Star Anise, Dahong Maria, Paragis, Blue Ternate. Marami pang iba. Kadalasan ginawang tsaa lang o pinapakuluan depende sa halaman.

Food Rich in magnesium

Brussels sprouts; Kale; Asparagus; Spinach; Artichokes; Raspberries; Green beans; Bananas; Cabbage;

Avocado; Chickpeas; Figs; Black Beans; Walnuts; Flax seeds; Chia seeds; Almonds; Hazelnuts, Broccoli;

Peas. I would suggest to check each vegetable for Fiber content. Hindi kayang lusawin ng maayos ng

tiyan ang Fiber. Ang damit natin gawa sa fiber.

Magnesium inhibits or prevents absorption of fluoride into cells, easier body elimination.

Cannabis

Should I dedicate a chapter to this wonderful plant? This is the reason why Jamaicans are awake to

Babylon Propaganda. Their pineal glands are functioning well through Cannabis.

Also avoid: cigarettes, alcohol, synthetic skin and hair products

Turn off the TV

It is as simple but not easy for everyone. They developed this habit when they were kids. If it was not TV,

it was newspaper, or radio. They are all neutral ways to distribute information. However, you should

always FOLLOW THE MONEY. Check who the owners are, if they are connected (even as hidden

investors) to the cabal, best to stay away or stay aware. Learn real history by comparing sources.

Do your

own research by compiling journal studies, or atleast listen to a friend that is impartial, and mostly guided

by light and love in his present life.

Give yourself the best gift. Throw away your brainwashing machine! Hindi pa ba kayo sawa sa araw araw na bad news, pananakot at fake news? Oh come on.

Look inside

We've been taught all our lives to trust the authorities in our lives: parents, TV/media, celebrities, teachers, government officials, etc. We forgot the #1 authority in our lives: ourselves. Some people would

say God. If you know that there is no separation, letting Divinity in becomes your own authority.

According to Modern Psychology we have 3 parts of our selves: SuperEgo Ego, Id.

The Id deals with the unconscious wants and needs of a person. Sexual, food desires, etc. Lower desires.

The Ego is your perception of yourself compared with others in this current reality. Your name, religion, affiliation, etc.

The SuperEgo is your higher self. Partly conscious according to psychologists. Superego is responsible to

guide you to your better self. Dreams, goals, actions, etc.

Ito ang mga parte ng sarili natin na matatagpuan, kapag pumaloob tayo sa ating kamalayan. Going inside

is difficult if we are accustomed to always looking to authorities outside.

What I found out is, understanding, forgiving, and embracing all these three, develops mastery of self and

therefore developing SELF-TRUST. The most important kind of trust. Continuing to understand this, lead

me to also learn my divinity. Whatever your religious belief is, the Truth that has more proof than anything is that UNCONDITIONAL LOVE binds this Universe. Your television, won't teach you that. You pray to God, or for Atheist they think of Good, we connect with this binding substance. The source of

all creation. It embraces both light and dark. Surely the Universe knows all? Surely if there is a prime

creator, he also knows all.

We pray for the creator/Universe to hear our wishes, dreams, and goals. Do you believe it takes two to

tango? That communication is two ways?

So if prayer is talking to God? What is the next part of that? What is the partner of prayer?

I believe it is intensive listening. I will discuss more of these in the coming chapters to prepare for a very

important event. Intensive listening is also meditation.

Meditation also decalcifies the pineal gland. I also found out staring at a candle or sunbathing helps decalcification as well. When you developed all this. You are ready to be an unhindered truth

seeker, and

possibly more.

After killing the Mockingbird, what's next? After the shock of discovering lies, what's next? Kalma.

Kalma. Kalma? Kailangan bang 24 hours/ 7 days a week, nagreredpill tayo ng mga tao? Maging panatiko

na lang ba sa lahat ng nagsaliksik? Makipagbanggan ng alam mo sa alam ng ibang tao?

Ito ang pinaka magaan na na napagtanto ko sa taon ng pang-reredpill ng mga tao. Hindi ko hawak ang

kaligtasan ng lahat ng tao. Hindi ko trabaho na mangumbinse o mag-salba. Ako ay

tagapagmensahe

lamang.

Ang mabigat naman sakín na natutunan ay Spiritually is foundation, hindi ito ang katapusan ng pagiging

kumpletong tao sa mundong ito. Kailangang itapak ang paa sa lupa. Kailangan bungkalin, at itanim ang

buo. Kailangan itayo ang poste ng pundasyon ng bahay. Ang Heaven on Earth ay hindi basta basta na lang

magmamanifest. Kinakailangan ng Boots on the Ground. And wouldn't be so much fun of a Divine Story,

that True Freedom and Heavenly Life wasn't handed to us, but as a result of our participation and co-creation? Wonderful Times!

The volunteers, the soldiers, we were trained for this. We just need to remember. We are all super soldiers

connected to a giant supercomputer. After learning the lies, there is more to activate, remember and do!

Before we learn "How to Do", we must learn how to be! Supercomputer Activate!

21-DAY CHALLENGE - DAY 10

TASK 1: 21-minutes Meditation/ Planning

Evaluation 1:

How are my 7 aspects of life?

Evaluation 2:

How is my 21 minute meditation?

TASK 2: Choose an Active/ Passive Mentor.

An Active Mentor is someone you can talk to or meet. A Passive mentor is someone you get advice from,
through books or other materials.

Evaluation 3: Who are your active mentors? Who are your passive mentors?

Congratulations on Finishing Day 10!

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